

RESOURCE GUIDE



Office of
Mental Health



Rensselaer County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Northern Rivers Mobile Crisis

518-292-5499

M-F 8am-10pm

Weekends: 11am—7pm

60+ Outreach and Support

A team delivering care to person's ages 60+ experiencing mental health or emotional distress.

1600 7th Ave Troy 12180

518-270-2800

Unity House Residential Crisis Support Space

Residents for adults in crisis

309 Eight Street Troy

518-286-6639|518-698-4310

Mental Health Treatment & Rehabilitation

Rensselaer County Dept. of Mental Health

Outpatient Treatment

1600 7th Ave Troy 12180

518-270-2800

Offices in Rensselaer, Hoosick

Samaritan Hospital Behavioral Health

Outpatient clinic, groups

2215 Burdett Ave Troy 12180

518-271-3300

Northeast Career Planning

Individual therapy, medication management, and groups

339 Broadway Menands 12204

518-465-5201

Care Coordination

Care Coordination Services and Health Homes

Jennifer LeMay

518-270-2853

Peer Support Services

Rensselaer County Dept of Mental Health Peer Engagement Specialist

Jesse Chapman

518-270-2857 | 518-925-8067

Mental Health Empowerment Project

Peer support line, advocacy services, community connect-
or

2136 Burdette Street Troy

518-268-1663

Rensselaer County Recovery Peer Advocate

518-925-8067

Weekdays 9-5.

After Hours/weekends call 1-866-930-4998

Addiction or Substance Use Treatment and Support

Hope House

Medication assisted treatment, individual & group therapy,
telehealth, housing

724 5th Ave Troy

518-272-3918

Additional locations East Greenbush & Hoosick

Friends of Recovery—Rensselaer Chapter

1838 5th Ave Troy

518-328-4999

Conifer Park

Outpatient substance abuse treatment

2435 6th Ave Troy

518-274-5143

M-F 8am-6pm, Sat 8:30am-11am

Additional location in Glenville

Outreach Social Worker

Terra Stone: serves those with substance use disorders
disconnected from care to access services

518-270-2694 | 518-270-2800

Other Services

Interfaith Partnership for the Homeless

Shelter for homeless individuals being discharged from
hospitals or with high risk medical needs

St. Mary's Hospital 1300 Massachusetts Ave Troy

518-434-8021

Joseph's House and Shelter

Drop-in center, referrals, day shelter, support services for
homeless individuals

4 Ferry Street Troy

518-272-2544

Unity House—Domestic Violence Hotline

518-272-2370

Teen Dating Violence

518-272-5917

Counseling for Teens and College students

518-272-5917

Mental Health Housing

All referrals go through SPOA

Kiersten DonVito

518-270-2829

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov

